Culture. It’s a familiar word and one that has a number of meanings. The application I have in mind is found in this definition from the Merriam-Webster dictionary: “the set of shared attitudes, values, goals, and practices that characterizes an institution or organization.”

Recently, there has been a lot of talk about the “culture of Indiana University”; what people think it was, is, and should be for the future. These conversations have been accentuated largely due to anticipated retirements of key campus administrators, the appointments of a new IU president, a provost, and a new dean for the School of Health, Physical Education, and Recreation that took effect this past July, and campus-wide projects that are under way.

Similarly, within Campus Recreational Sports, we have regular discussions about our culture and are very intentional about shaping and preserving our preferred internal culture and examining ways we contribute to and influence the larger institutional culture. Two of the primary avenues where our conversations about this continue are our strategic plan and facility master plan because each is central to advancing our culture and strengthening our impact on the culture of IU.

The past six months have been dedicated to learning about possible future directions from new administrators. Early indications are that the life and health sciences and economic development for the state of Indiana will predominate the academic and research agendas of IUB. We also know the new dean of the School of HPER has submitted a proposal to the president calling for a School of Public Health at Indiana University with a recommendation for the core of the program to be located on the Bloomington campus. Included in this proposal is recognition of the strategic asset value represented by Campus Recreational Sports for health and wellness services to students, faculty, and staff as well as for collaboration in the areas of teaching and research. These variables, and many others, continue to shape our planning processes as specific outcomes emerge.

One particular priority that will impact the culture of Campus Recreational Sports and IUB is the president’s master plan project. This February, President Michael McRobbie retained the consulting firm of JJR/SmithGroup to recommend a campus master plan for the IUB and IUPUI campuses by December 2008. Accordingly, a task force has been established with 33 representatives of campus units and each school/college. The work of the task force will take place primarily through six subcommittees: student life; faculty/staff life; libraries, museums, and performance; campus support, administration, and infrastructure; classrooms and teaching laboratories; and health, wellness, and inter-

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In 1917, a postage stamp cost a mere two cents, you could purchase a new car for only $500 (those were the days), the Chicago White Sox won the World Series over the New York Giants, and at Indiana University, the first part of the Wildermuth Gym was constructed.

For sports and recreation in 1917, there was no such thing as Campus Recreational Sports. The men used the Men’s Gymnasium, and the women had the Student Building. Just over a decade later, an indoor track and field house were added to the Men’s Gymnasium, and the new facility was named the Ora L. Wildermuth Intramural Sports Center.

School of Health, Physical Education, and Recreation alumna Mildred Ball was a student at IU from 1956 to 1960. Ball fondly remembers her days as a student at the HPER. The women in her generation were able to play sports only in the Student Building — the Wildermuth Intramural Sports Center was reserved for men.

“It was a facility built by men, for men,” says Kathy Bayless, director of Campus Recreational Sports. “In those days, sports and fitness for women were not a priority.”

On the weekends, Ball says that men and women alike would participate in open gym at the Student Building and play intramural sports. The men used the Student Building because the Men’s Gymnasium was shared with IU Athletics. Yes, Wildermuth was once home to our Hoosier basketball and volleyball teams!

While Ball was enjoying her final IU days, a new HPER building was being constructed. In January 1961, the current HPER facility opened its doors to the 14,000 students enrolled at IU. The new building combined the gym and field house with classrooms, departmental offices, dance studios, research labs, playing courts, gymasia, a pool, and seminar rooms.

Looking around the HPER building today, it is obvious the current facility has been around for more than 40 years, and the Wildermuth for more than 90. What once was an exciting new building has aged with time and has struggled in its efforts to serve the current population of more than 38,000 students and 7,500 faculty and staff. Most students agree it’s time to renovate and expand.

IU freshman Nick Tolson says he plays basketball at the HPER almost every day. Tolson, a resident of Foster Quadrangle, chooses the HPER over the Student Recreational Sports Center because of its huge amount of space.

“I think it’s about the same distance [from my dorm],” Tolson says. “And there are a lot more courts open here. At the SRSC, I always have to wait.”

Though Tolson is a HPER fan, he also has his share of complaints.

“The lighting is a little dim in here, and some of the faucets in the bathroom don’t work,” Tolson says. “I like this place, but I’d like it more if there were some renovations.”

Graduate student Jenna Morrison works out at the HPER during the week because it’s less crowded than the SRSC. Though Morrison says she likes the indoor track in the Wildermuth, she thinks the HPER needs to see some change.

“I don’t like how the women’s locker room is so far away, especially when there are so many different ways to get into the men’s locker room,” Morrison says. “And then here I am standing there wondering, where is the women’s locker room?”

But consider what Wildermuth was like when it was a newer facility. IU alumnus and former president of the Student Recreational Sports Association Mark Damer remembers the HPER building as a place full of energy and excitement. Damer transferred to IU from Purdue in 1975 after a former coach showed him the HPER building.

“I had never seen anything so big and fun,” Damer says. “I couldn’t believe I could go to college and get to play in a place like that. I spent most of my time at the HPER building, if not sleeping or in class.”

Damer says he was constantly at the HPER, involving himself in activities such as volleyball, intramural sports, and informal pick-up games. He also says he spent several nights in the HPER for the Spirit of Sport All-Nighter, which began in 1976 and was recently retired after 30 successful years.

Damer also recalls the big intramural championship nights, when the building was packed with excited fans cheering on their favorite teams.

“This was the ’70s and basketball still reigned in Indiana. You had to get there early or you wouldn’t be able to watch your team,” Damer says. “I fondly remember winning the All-Campus Volley-

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Preserving a legacy
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...ball Championship and being surrounded by my entire fraternity.”

Fond memories also resonate with IU alumna and Bloomington native Jan Wells, who has memories of the HPER building dating back to her childhood. Her father used to play basketball in the Wildermuth, and Jan and her brother would tag along.

“We would run around the outside of the basketball courts,” Wells says. “The floor was dirt with the wooden court floors on top of it, so it was always like a dust storm in there.”

Wells also recalls sometimes wandering into the Martial Arts room or the “dungeon” weight room. She says supervision was much lighter during that time period.

“Sometimes they would hold dances in the HPER building,” Wells says. “When I was in high school in the late ’60s, we would sneak in if they had a good band. I saw Santana when they were just starting out. That was very cool.”

Today, the HPER building does not carry with it the same glowing reviews that it did in the past. Many students overlook the facility in favor of the newer feel and convenient all-day hours of the SRSC.

Sophomore Mary Beth Kime is a resident of Collins and chooses to work out at the HPER because of its convenience to her residence hall. However, Kime says she runs into problems when she wants to get in her exercise during the afternoon.

“There are definitely times when I’d like to go and work out at the HPER and I can’t because there are classes going on,” Kime says, “especially on Thursday afternoons because I don’t have class on Friday. But I just have to wait and go later on at night.”

Students throughout campus can relate to Kime’s sentiments. In fact, on any given Monday afternoon, there are between 15,000 and 20,000 students within a half-mile radius of the HPER who cannot use the facility during breaks or on their way home from class because academic classes overtake the facility’s recreational space.

Despite the condition and limited availability of the facility, the HPER has plenty of loyal fans. Freshman Jaclyn Wise says she, like Kime, chooses to work out at the HPER because it is closer to the residence halls than the SRSC.

“I also like it because I can get on a machine right away, where at the SRSC you always have to wait,” she says. “But it’s really hot in here. It also looks kind of old, but the machines are new so that isn’t really a problem. I think it would really help if they just added some air conditioning.”

Junior Ben Sheu is an intramural sports official as well as an avid player. Sheu says he likes the HPER building because it’s easily accessible when you live on campus and because of the magnitude of space it offers, which he says is especially beneficial to intramural sports.

“The problems are things like the leaks in the roof. When we have to delay indoor volleyball games because of a leak, it’s kind of ridiculous,” Sheu says. “And it’s happened. It’s definitely happened.”

Sheu also points to parking as being an issue with the HPER building.

“I kind of wish it could be more like the SRSC parking-wise, with its own separate parking lot and system,” Sheu says.

Students won’t have to wait much longer to see some of those problems disappear. IU Campus Recreational Sports was recently asked by the new School of HPER dean, Robert Goodman, to serve the school and campus as the HPER facility manager. This will allow Campus Recreational Sports to address some of the needs and concerns of participants on a short-term basis, while developing a more comprehensive plan for the future.

Projects already started include the repair of roof leaks in HPER Gym 293 and the Wildermuth Gym, the replacement of air conditioners in the strength and conditioning rooms, as well as upgrading the men’s locker room and adding a women’s locker room on the main level.

These changes signify a new beginning for the legendary Wildermuth. But, that’s just what they are — a beginning. Campus Recreational Sports has been working with a facility master-planning firm to address IU’s long-term recreational fitness and wellness needs. After conducting campus-wide surveys and focus groups involving students, faculty, and staff, Campus Recreational Sports is working to address the needs and fulfill the desires of its participants in the future.

“We are so fortunate to have a building like the HPER, a historical building with lots of character, in the heart of campus. It’s one of a kind. When all the courts in the Wildermuth are full with basketball or volleyball, there isn’t a facility in this country with that kind of space and energy,” says Jackie Puterbaugh, associate director of Campus Recreational Sports. “Sadly, all the activity spaces in the Wildermuth have deteriorated from 90 years of intense use. It’s time for us to invest in this tarnished gem so that it can serve the recreational sports needs of IU for another 90 years.”

When all the courts in the Wildermuth are full with basketball or volleyball, there isn’t a facility in this country with that kind of space and energy.

From the director
(continued from page 1)

tercollegiate athletics. As a member of the task force and chairperson for the subcommittee on health, wellness, and intercollegiate athletics, I welcome the opportunity to serve as a citizen of the whole and advocate for this specific area of interest.

As you might suspect, our facility master plan project will feed into this larger campus effort, and we are fortunate to have a lot of progress to bring to the table. You may recall that our project received approval from both the IU Board of Trustees and the IU Capital Priorities Committee to move the concept ideas forward to feasibility testing and preparation of a program statement. We also set as the first priority sharing the concept ideas and user group input to date with our students, faculty, and staff. So, the Student Recreational Sports Association and IU Student Association have partnered to undertake an aggressive, campus-wide marketing campaign with ads, posters, and presentations to get this information into the hands of users, obtain feedback, and seek endorsement for student fees as the basis for funding the final plan. Their goal is to make a recommendation on the funding plan to IU President Michael McRobbie in May.

Clearly, this is an exciting time and one of significant transition. We look forward to keeping you updated on outcomes!

— Kathy Bayless
Aquatics: Eight great ways to dive into ’08

Indiana University Campus Recreational Sports offers two different aquatics facilities. On the north side of campus is the Counsilman/Billingsley Aquatic Center, located at the Student Recreational Sports Center, and in the heart of campus is the Royer Pool, located in the School of Health, Physical Education, and Recreation building.

Emily Ward, director of aquatics for RS, says that many students avoid the pool because they have a misconception that it’s only for competitive swimmers to use.

“A lot of times people think they have to be a skilled lap swimmer to use the pool for exercise,” Ward says, “but that couldn’t be further from the truth.” Ward revealed eight ways RS participants use the pools.

1. **Lap swimming** is the most basic way to use the pool. When people think of swimming as exercise, this is usually what they think of, Ward says. She recommends changing strokes while swimming laps, rather than always swimming the typical front crawl. “There aren’t any ‘stroke police’ waiting in the water to tell you aren’t doing a stroke correctly,” Ward says. “So worry less about perfection and more about endurance.”

2. **Aqua jogging** is another common way to use the pool. It’s one of the three most-recognized forms of water exercise, Ward says. Aqua jogging is an easy way to get a cardio workout without having to perform a swimming stroke. It’s like jogging on land in the water, with a focus on keeping good posture and pumping your arms as you go.

“If you aren’t confident in the water, we have aqua jogging flotation belts available so keeping afloat isn’t your primary concern and you can get a good cardio workout,” Ward says.

Aqua jogging can also be combined with lap swimming or other water activities. Senior Becca Fritz recently started working out in the pool to take some of the stress off of her joints. As a runner, working out in the pool gives her body a well-deserved break. “I use the pool two days a week for fitness,” Fritz says. “I usually do a half-hour combination of lap swimming, water jogging, and treading water.”

3. **Deep-water exercise** sessions, offered daily at the CBAC and HPER, are another way to work out in the pool. Sessions are 45 minutes and combine a variety of cardio and strength training exercises. “Even if you go only once, you can learn which exercises you prefer and use them in your individual workout,” Ward tells participants.

4. **Join the IU Swim Club,** regardless of swimming ability. Members don’t have to be swimmers in high school in order to join. It’s co-ed and no prior experience is necessary. Though some members swim competitively in the past, others did not. All levels of swimmers are welcome, Ward says.

5. **Trying the Men’s Water Polo Club** is a different way to get involved and meet new people who share similar interests. Jon Rodgers, president of the Water Polo Club, says though the team is competitive, they allow anyone the opportunity to play, regardless of their skill.

“We’re ranked number four in the nation right now so we’re competitive,” Rodgers says. “But anyone can play, and we allow them to play in at least some of the tournaments.”

6. **Create a personalized circuit workout** by combining moves from different kinds of exercise. Ward recommends trying aqua jogging with lap swimming using varying strokes. She also suggests that participants try a deep-water exercise session and then use their favorite exercises for a custom circuit workout.

Ward advises: “Try to swim for 20 minutes. Start with five minutes of lap swimming and then switch to one minute of lying flat on your stomach; using a kickboard, do flutter kicks. Alternate between these activities.”

7. **Swimming lessons** are another option; even if participants already know how to swim, they can improve their technique or learn more advanced skills like flip turns or additional swimming strokes. Lessons are offered in private, semi-private, and group environments. Would-be swimmers can find more information about swimming lessons at www.recsports.indiana.edu.

8. **Participate in the Swim to Summer program.** Starting the week after spring break, this five-week program encourages participants to use the pools. There are two levels: one for confident swimmers and one for those who don’t swim often. At the end of four weeks, everyone who completes the minimum distance for their team level is entered into a drawing for a prize. Deep-water exercise sessions, swim lessons, and aqua jogging can also be translated into a distance in laps.

No matter which of the eight ways Campus Recreational Sports participants prefer, there is something for everyone.

“Swimming is the greatest bang for your buck,” Ward says. “It’s a full-body workout, but it’s not hard on your joints.”
First ladies team up for women’s heart health awareness

The college years are a time of discovery and growth — and often a sense of youthful invincibility. Cheri Daniels, first lady of Indiana, and Indiana University first lady Laurie Burns McRobbie say those years also are the perfect time for women to start thinking more seriously about their cardiovascular health.

“Heart disease takes too many precious lives each year. It’s up to us to tell the women we love about heart disease and encourage them to live heart healthy lifestyles,” Daniels said.

Heart disease is the No. 1 killer in Indiana and the nation — killing more people than all cancers combined. The disease also kills more women than men each year. Fortunately, McRobbie says, heart disease is “almost completely preventable with simple lifestyle changes.”

On Oct. 4, Daniels brought her “Heart to Heart” program to IU Bloomington, where she and McRobbie encouraged students, faculty, and the general public to adopt lifestyle changes that will serve them well for the rest of their lives.

The program, which took place in the Indiana Memorial Union’s Alumni Hall, was free and open to the public.

In addition to comments from Daniels and McRobbie, the program included information about how to live a heart-healthy lifestyle. The event also featured exhibits and free healthy-heart screenings. Campus Recreational Sports hosted a table, providing information about living active, healthy lifestyles; promoting the Step into Fitness program; and handing out free pedometers.

IU and community health staff performed screenings such as blood-pressure and heart-rate measures. Visitors were also able to have carbon dioxide and waist girth measures as well as a body composition analysis. Other exhibitors at the event included the Bloomington Hospital, the Monroe County YMCA, the IU Health Center, and the Monroe County Tobacco and Cessation Affiliate.

The “Heart to Heart” program was sponsored by the Office of Indiana’s First Lady, the Indiana State Department of Health’s Office of Women’s Health, and Hoosiers for Higher Education, where RS alumna Debbie Sibbitt served as a coordinator of the event. McRobbie co-hosted the IUB event on behalf of the university.

HPER facility management transition

In August 2007, Campus Recreational Sports assumed responsibility for day-to-day operations at the HPER building. Primary duties include responsibility for cleaning, maintenance, repair and renovation, capital projects, equipment and locker rooms, and risk management.

In order to have input on priorities, policies, and procedures in these areas, a HPER Facility Management Advisory Committee, chaired by Jackie Puterbaugh, associate director for Campus Recreational Sports, has been formed with representatives from the academic departments and Campus Recreational Sports.

This has been a very demanding transition that has been met with outstanding professionalism, hard work, and citizenship by many of our staff, especially Tom Cox, Mike Grannan, Steve Heeter, James O’Donnell, John Pedersen, and Jackie Puterbaugh.

CycleFit revamped as new Campus Recreational Sports program

Riders, mount your bikes. And no, this isn’t Little 500 week.

CycleFit debuted as a revamped Campus Recreational Sports program this year. After receiving feedback from various focus groups during the 2006-07 school year, the CycleFit program has been modified to better serve its participants. In the past, interested participants had to call in each day at 8 a.m. to reserve their bike for a CycleFit session. Now participants have a guaranteed spot for a seven-week session.

“With the new CycleFit program, participants register in advance and, therefore, have a consistently reserved spot on the day and time of their choice,” said Joellan Muyskens, assistant director of fitness/wellness. Nine CycleFit sessions are available for participants to choose from, with varying dates and times. Each session lasts for 45 minutes. During the spring semester, a new Little 500 training session was also available for riders looking for a more intense, one-hour workout in preparation for the race.

Another perk is the new equipment in the CycleFit studio, including new features that provide instant feedback to the rider. “These bikes have a display that shows measures such as a rider’s power output in watts, cadence in revolutions per minute, time, and caloric expenditure,” Muyskens said.

The fee for the seven-week CycleFit sessions is $21 for students and $24 for IU faculty and staff and public members. The fees from the new CycleFit program will go toward covering the expenses of the new equipment, leader wages, and improvements and maintenance in the newly remodeled CycleFit studio, Muyskens said.
Bayless authors chapter in campus recreation book

The National Intramural-Recreational Sports Association and publisher Human Kinetics recently released a new book titled *Campus Recreation: Essentials for the Professional*. Kathy Bayless, director of IU Campus Recreational Sports, is a featured writer in the text, authoring “Chapter 3: Title IX Legacy and Beyond.”

Bayless says she drew from her own personal experiences with Title IX when crafting the chapter. In 1974, she was the first woman hired to fill the first-ever position dedicated to women’s intramural sports at IU. In 1991, she became the first female director of Campus Recreational Sports in the Big Ten.

“It provided a helpful context to draw from my own personal and professional experiences as a woman who was significantly influenced by Title IX,” Bayless said.

*Essentials for the Professional* features 29 authors who have significant experience in the field of recreational sports. Bayless is also a co-author of *Recreational Sports Management*, now in its fourth edition. The book encompasses all aspects of campus recreational sports, including theories, programming, facilities, and issues management, according to the NIRSA Education and Publication Center.

“It was an honor to have the opportunity once again to contribute to a textbook, especially about an important historical topic like Title IX,” Bayless says. “I hope this textbook continues to teach and inspire young professionals for years to come.”

IU staff serve on committee

This past fall, NIRSA announced that its proposed standards for collegiate recreational sports were approved by the Council for the Advance of Standards in Higher Education.

Bayless served as the NIRSA Standards Committee chair and facilitated the two-year process to gain approval for the new standards. She was honored at NIRSA for her work on the standards initiative. Campus Recreational Sports’ Stacey Hall, director of intramural sports, club sports, and student development; Chris Arvin, director of fitness/wellness; and Jackie Puterbaugh, associate director, also served on the committee.

“CAS is a strong force in the world of higher education in terms of promoting standards for student services and student development programs,” Bayless says. “It was gratifying to serve on the committee and be so actively involved in the process of revising the standards for campus recreational sports and having them approved.”

One of the required standards by CAS states that all recreational sports programs must incorporate student learning and student development into their mission. Guidelines for addressing this standard included providing access to facilities and programs offering varied competitive and cooperative activities so that the greatest number of students have the opportunity for growth and development.

“These standards will certainly have a positive impact on Campus Recreational Sports participants as we use them to guide delivery of the best programs and services we can and do so in a way that contributes to student development,” Bayless says.

The full description of these standards is available through the NIRSA Web site at www.nirsa.org and will also be published in the new edition of the CAS Professional Standards for Higher Education, due out in fall 2009.

**RS podcasts win first-place Creative Excellence Award**

Campus Recreational Sports brought in two additional NIRSA Creative Excellence Awards as a result of their work on their weekly podcast series, as well as for the annual *Active, Healthy Lifestyle* faculty and staff calendar. The podcast took a first-place award, while the calendar finished third. This year marks the sixth consecutive year IU Campus Recreational Sports has brought home a first-place prize.
Step into Fitness encourages IUB faculty, staff to get moving

Indiana University faculty and staff once again had the opportunity to take a step in the right direction — by taking a “Step into Fitness.”

September marked the launch of yet another Step into Fitness road show. Each day, Campus Recreational Sports staff were stationed at various locations around the IU campus to hand out free pedometers and step-tracker sheets to faculty and staff members who signed up for the four-week, self-guided walking program.

Initially launched at the Jill Behrman Run for the End Zone in 2006, Step into Fitness aimed to increase awareness of the importance of wellness and provided faculty and staff with an easy avenue to achieve it. Step into Fitness will be offered once again in May for even more faculty and staff members to sign up for the motivational program, this time with an added nutritional component.

“Roughly 60 percent of adults are not physically active, so a lot of people are not going to come to the gym. We needed another place to start,” said Chris Arvin, director of fitness and wellness. “It’s so much fun to walk here because the campus is so beautiful. This is a good example of a fitness program that doesn’t have to happen in a facility.”

Aside from the health benefits to participants, Step into Fitness also encourages friendly competition between co-workers and offers incentive prizes each week.

“Roughly 1,200 people participated in the fall, and it’s starting up again in May,” said personal training coordinator Alison Chopra, who also heads up Step into Fitness. “I love working on Step into Fitness because it’s a free program we offer to faculty and staff, and people have been really excited and receptive.”

More than 1,100 participants show for 2007 Run for the End Zone

Saturday, Oct. 13, 2007, marked the eighth annual Jill Behrman Run for the End Zone, and participants from Bloomington and surrounding areas came out to run, raise money, and show their support for the Behrmans and Jill’s House. More than 700 people participated in the 5K run/walk, and many more came as One-Mile Fun Walkers and volunteers. Together, the participants and volunteers raised $15,142 for Jill’s House and the Jill Behrman Emerging Leader Scholarship Fund.

Andy Krack was the first to cross the finish line, at 15 minutes, 23 seconds. Krack completed the race almost two minutes in front of the second-place finisher.

Eric Behrman, Jill’s dad, was there to greet participants and volunteers before the race. Ladies First, IU’s premier women’s a cappella group, performed at the opening session.

Sarah Shoemake, an IU junior and two-year participant in Ladies First, organized the group’s appearance at the Jill Behrman Run for the End Zone. Shoemake is personally connected to the Behrmans — her older sister, Becky (Shoemake) Griffin, was Jill’s roommate in Teter Quadrangle when they were freshmen at IU. Also, Sarah’s mother and Marilyn Behrman, Jill’s mother, are cousins.

“I thought having Ladies First perform would be a good way to support a good cause,” Shoemake said.

Organized by Indiana University Campus Recreational Sports, the annual 5K Run/Walk and One-Mile Fun Walk raised funds for the Jill Behrman Emerging Leader Scholarship and for Jill’s House, a temporary, home-like residence for patients undergoing outpatient cancer treatment at the Midwest Proton Radiotherapy Institute in Bloomington.

The next Run for the End Zone will be held on Saturday, Oct. 18, 2008 — don’t forget to mark your calendar!

Hundreds of participants from IU and the Bloomington community come together each year to participate in the Jill Behrman Run for the End Zone. The 2008 race will be held on Oct. 18. For more information visit www.recsports.indiana.edu.
SRSA represents students’ needs through master plan

In addition to our continued involvement in projects such as RecFest and the Jill Behrman Run for the End Zone, this year the Student Recreational Sports Association has been involved with projects such as the facility master plan, athletic facility fees, and HPER locker room renovation.

This year SRSA has primarily focused on the facility master plan. A few years ago, Campus Recreational Sports recognized that our fields and facilities were not meeting the needs of students. A facility master-planning firm, Brailsford and Dunlavey, was hired to complete a facility master plan. This consisted of survey results, benchmark comparisons, concept designs, and much more. This data was presented to the IU Board of Trustees last spring and was unanimously supported. This year, SRSA conducted a student-focused and simplified version of the facility master-plan presentation to other student organizations on campus. These presentations were designed to gain support and feedback from different leaders. After each presentation, SRSA asked each organization to sign a letter of endorsement stating that they support the facility master plan in principle. Of the 14 major student organizations, Residence Halls Association, Student Alumni Association, InterFraternity Council, Panhel- lenic, IUSA Congress, Dance Marathon, and Asian Student Association approved unanimously, while endorsements were also received from the Student Athletic Board, Union Board, Latinos Unidos, the IU Student Foundation, and the Student Athlete Committee. These endorsements confirm that this is a priority to students.

In January, the Campus Recreational Sports marketing team, IUSA, and SRSA began a marketing campaign advertising the results of the facility master plan. The nine-week campaign comprised Indiana Daily Student advertisements, posters, and various Web pages. The posters are displayed at the HPER and SRSC. The IDS advertisements ran every Tuesday directly across from the crossword and printed in a royal blue. This color stands out against the usual black-and-white newspaper print. The location of the advertisement is ideal due to the large number of students who complete the crossword and Sudoku daily. Copies of the advertisements can be found on the SRSA Web site at www.recports.indiana.edu/srsa.

In March, SRSA assisted Campus Recreational Sports staff in conducting a price-tolerance survey. This will help gauge how much students are willing to pay for different facility design elements. We also met with IU President Michael McRobbie on the results of our marketing campaign, the endorsements, and to request a presentation time with IUSA and Campus Recreational Sports staff about the master plan to the IU Board of Trustees.

— Adriane Bookwalter, SRSA President

Clubs continue tradition of success on campus and beyond

Figure skating

When the Indiana University Figure Skating Club was formed in 2003, no one thought that in two years the team would become nationally ranked. But that’s exactly what happened.

For four out of the five years of its existence, the IU club has avowed the collegiate figure skating world; and the 2007–08 season is no exception. If anything has changed, it’s that the members have become more dedicated to maintaining the excellence that has transpired.

This year, the club has had to endure sickness, injury, and monetary setbacks as well as lack of facilities in early-fall and late-spring months. But that hasn’t stopped anyone. The freestyle team proved themselves to the national audience and — for the fourth year in a row — qualified for the Intercollegiate National Championships.

The synchronized team experienced a first this year: qualifying for the Synchronized Team Skating National Championships. In its third year as a team, the IU synchronized skating team was never considered a threat in the synchronized skating world, but that all changed this year when the group of 20 girls took the ice in Franklin, Tenn., and qualified for the National Championships.

As a whole, the IU Figure Skating Club proved that all of their hard work really has paid off and that they are fully capable of competing at a national level.

Women’s rugby

The fall 2007 season of the Women’s Rugby Club was nothing less than extraordinary. Redstorm moved from the Division II to the Division I bracket in the Midwest. The club’s hard work and dedication resulted in an undefeated season.

Redstorm entered the Division I Midwest Tournament with passion and determination, knowing that they faced one of the hardest competition in the nation. The club left the tournament victorious with wins over Iowa State University and Purdue.

Now ranked eighth in the nation, the team faces its most difficult challenge to date, the Division I National Tournament in New Mexico.

“As a senior member of this club, I could not be more proud of my team’s tremendous accomplishments,” Blair Jones says. “I have watched Redstorm grow and flourish over the past three years. These women give their time, effort, hearts, and souls to this program. I feel honored to be a part of a club that has overcome so much and continues to prosper with each passing year.”

Bass fishing

Bass fishing has been in sophomore Jesse Schultz’s blood for most of his life. “Ever since I could pick up a pole and throw it, I’ve been doing this,” Schultz says. And now, as president of the IU Bass Fishing Club, he is trying to share his passion for fishing with others.

IU has a strong history of bass fishing, as it was the first school in the country to have an official bass fishing club, Schultz says. While participation has been down the past few years, Schultz is working toward improving the current member base. He believes they will have a strong and committed base in the next year or two. “Every day, I’m trying new things to get people involved,” Schultz said.

Schultz and his fishing partner, junior Ryan Queen, traveled to Lewisville, Texas, last fall to compete in the National Collegiate Bass Fishing Championship. Out of 83 competitive boats, Schultz and Queen

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RS launches weekly podcast series

Campus Recreational Sports participants are now able to learn helpful health, fitness, and wellness tips from the comfort of their own iPod, iPhone, or their good old-fashioned computer screen.

In late October, Campus Recreational Sports launched a new series of podcasts. Each week, the podcasts feature a different topic and include interviews with students, Campus Recreational Sports participants, and staff and also provide tips to encourage students to live active, healthy lifestyles.

“We are very excited about the opportunity to reach students on a different level through podcasting,” said Melissa Copas, assistant director of marketing for Campus Recreational Sports. “As our participants are becoming more and more reliant on technology, the time has come for us to adapt to meet their needs.”

Campus Recreational Sports was one of the first organizations on campus to have a weekly podcast available. To access the weekly podcast, simply log onto www.recsports.indiana.edu and follow the links.

Each podcast episode is filmed and produced in part by a team of volunteer students who are passionate about recreational sports. And their passion is certainly paying off. The Campus Recreational Sports podcast series brought home a first-place Creative Excellence Award at the National Intramural-Recreational Sports Association annual conference in April.

Campus Recreational Sports addresses MRSA concerns, sanitary conditions

Campus Recreational Sports recently upgraded its policies and procedures related to the current MRSA issue. MRSA is a type of “staph” bacteria that causes skin infections that are resistant to certain antibiotics. The infection can be spread through contact with items or surfaces that have the staph bacteria on them, according to the IU Health Center.

In partnership with the Office of Environmental Health and Safety, Campus Recreational Sports recently reviewed its current sanitation processes in both the HPER and Student Recreational Sports Center. Campus Recreational Sports is in the process of taking further MRSA precautions that will benefit the health and well-being of all of its participants.

Staff have developed signage to educate participants about MRSA, as well as how and when to properly clean the equipment. MRSA information is also available online at www.recsports.indiana.edu.

Another measure that Campus Recreational Sports took was to install more paper towel dispensers throughout the strength and conditioning areas as well as other activity areas where bottles of disinfectant are provided. Paper towels are a more sanitary alternative to towels, which can be a breeding ground for germs when used repeatedly.

“We are always on the lookout for ways to improve our facilities,” says John Pedersen, Campus Recreational Sports director of facility support and risk management. “Educating participants about MRSA and taking precautionary measures to keep our participants healthy is important.”

Clubs’ success

(continued from page 8)

finished 69th. But perhaps more exciting than the competition itself is the national publicity they received. On Jan. 29 and 30, Fox Sports Network aired a one-hour highlights reel of the National Championship.

In mid-February, the club visited the Indianapolis Boat and RV Show, where they sold T-shirts to raise money for new jerseys for the team. Next up on the agenda for the club are several spring tournaments, including the Big 10 Classic and the Minnow Bucket Tournament — the equivalent of the Oaken Bucket game in football.

Staff Notes

Ashley Donaldson, graduate assistant for informal sports, graduated from Southern Illinois University with a bachelor’s degree in recreation and is working toward her master’s degree in recreational sport administration. She was recently elected as student representative for Region III of the National Intramural-Recreational Sports Association.

Kellen Edelbrock, aquatics coordinator, earned a bachelor’s degree in mathematics at Carlton College and is currently studying recreational sport administration.

Andy Fry, assistant director of fitness wellness, received his degree in sport administration from Ball State University. After completing his undergraduate studies, he served as a graduate assistant for the Office of Recreation Services at BSU. He then went on to work as the fitness center manager at Ohio State University before coming to Campus Recreational Sports in August 2007.

Carolyn Garrone, graduate assistant for intramural sports, received her bachelor’s degree from Montclair State University in New Jersey. As a graduate student at Indiana University, she is striving for her master’s degree in recreational sports administration.

Mallory Price, graduate assistant for intramural sports, comes to IU from Michigan State University, where she received her bachelor of science degree in kinesiology. She is currently studying recreational sports administration.

Marissa Szukala, graduate assistant for informal sports, is continuing her IU career after receiving her bachelor’s degree in psychology and public health. She is pursuing a master’s in health promotion.

Michelle Wong, graduate assistant for aquatics, comes to IU from UCLA, where she received her bachelor’s degree in business. She is pursuing a master’s in recreational sport administration.

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1960s

In April 2007, Leanne Groteke Andreas, MS'66, was recognized as a distinguished alumna of Sylvania, Ohio, schools. Andreas coached, managed women's intramural sports, and taught physical education at IU Bloomington, where she was named the university’s first women’s athletic director in 1975. She also worked as director of women’s athletics at California State University, Fullerton. Andreas was a member of the NCAA executive board from 1984 to 1990. She now lives in Miramar Beach, Fla., where she is an active volunteer at her church and local hospital.

1970s

In June 2007, six former IU football players were inducted into the Indiana Football Hall of Fame. They were: E.G. White Jr., BS'71, MBA'75, of Greenwood, Ind.; Brad J. Bomba Sr., BA’57, MD’61, of Bloomington, Ind.; Jade J. Butcher, BS’72, of Gosport, Ind.; Douglas G. Crusan Jr., BA’72, of Fishers, Ind.; Harry L. Gonso, BS’70, JD’73, of Indianapolis; and Harold “Monk” Mauro Jr., BS’68, MS’69, of Bloomington. With the exception of Bomba — an All-American in 1956 — all of the I-Men played on IU’s 1967 Rose Bowl Team.

“[I’m] still umpiring [on] Sundays, chasing 50-inch muskies, and wondering how the IU Bass Fishing Club got stomped in the Big Ten tournament,” writes William “Butch” Tallant, BA’73, regarding the Hoosiers’ last-place finish in the 2007 bass fishing Big Ten Championship. Tallant lives and works in La Porte, Ind., where he is a machine operator at Aero Metals Inc.

Among his numerous military accomplishments and awards, David L. Andersson, BA’77, spent five years of service in the Middle East. He has a master’s degree in administration and information technology and a specialist in education degree in computing technology in education.

Ann L. Bastianelli, BS’78, MBA’82, is president and chief executive officer of Anthology Consulting in Indianapolis. She also teaches advertising and promotional strategy at the IU Kelley School of Business in Bloomington. Bastianelli is a board member of several organizations, including the Indiana Basketball Hall of Fame.

in New Castle and Flanner and Buchanan Funeral Centers. An I-Woman in volleyball, Bastianelli lives in Indianapolis.

Worthe S. Holt Jr., BA’78, MD’82, was named 2007 Indiana Aviator of the Year by the Indianapolis Air Show executive committee. He is executive vice president and regional chief operating officer for St. Vincent Health, serving various St. Vincent hospitals in Indiana. Holt, of Fishers, is a colonel in the U.S. Air Force with 25 years of service.

Christi Phillips Veleta, BS’78, of Jacksonville, Fla., is a fellow of the Air & Waste Management Association.

1980s

G. Frederick Glass, BA’81, JD’84, is a partner at the law firm Baker & Daniels in Indianapolis. He is also president of the Marion County Capital Improvement Board, president of Indianapolis 2011 Inc., and a member of the dean’s advisory board of the College of Arts and Sciences at IU Bloomington. Glass shared his story of becoming an intern for former Indiana Sen. Birch Bayh, JD’60, LL’95, in the article “How a Reluctant Intern Became a Successful One” for The Indianapolis Star. Glass and his wife, Barbara (Lanner), BS’80, have four children and live in Indianapolis.

Susan H. Spyker, BS’81, is a controller for Recreation Sports Inc. in Breckenridge, Colo. She lives in Frisco, Colo.


Volleyball I-Woman Karin Wallenstein Thomsen, BS’82, MS’90, is a resident instructor and dean of girls at the Pine Ridge School in Williston, Vt. She writes that the boarding school focuses on students who are dyslexic or have visual learning differences and desire a college education. Thomsen’s husband, Vic, is the student liaison at the school and also is in charge of transportation. Thomsen and her husband live in Williston, residing on the school campus with their cat and two chocolate Labs.

Ruth “Shelly” Unger, BM’82, is an artist-affiliate faculty member at Emory University in Atlanta. She plans to finish her DMA in bassoon performance in December 2007. She received a dean’s award from the graduate school of the University of Georgia that partially funded her DMA research, which involved working with the principal bassoonists of the New York Philharmonic, the Boston Symphony, and the Cleveland Orchestra. Unger writes, “I presented Bernard Garfield’s second quartet for bassoon and string trio at the International Double Reed Society conference in July 2006 in Muncie, Ind. Danny Matsuwaka gave the world premiere of the work in November 2005. I planned and hosted Emory Bassoon Day with Grammy Award-winning New York bassoonist Frank Morelli as a guest artist. The event drew more than 80 bassoonists from the Southeast.”

In April 2007 the National Committee for Quality Assurance and the American Heart Association/American Stroke Association announced that five IU alumni received recognition from the Heart/Stroke Recognition Program for providing quality care to their patients. The alumni were James S. Fix, BS’83, MD’87; Lawrence D. Rink, MD’66, Res’73; James V. Faris, BA’65, MD’68, Res’71; L. Annette Alpert, MD’83, Res’86; and Carter F. Henrich, MD’74, Res’77. All five work for Internal Medicine Associates in Bloomington, Ind.

John R. Laws, EdD’86, is the dean of student affairs at Ivy Tech Community College. He lives and works in Lafayette.

Sarah Arnsman Young, MS’86, PhD’98, is an associate professor in the IU School of Health, Physical Education, and Recreation in Bloomington. In April 2007, she received the Outstanding Professional Alumni Award from the National Intramural and Recreational Sports Association. Young lives in Bloomington.

Karen R. Grant, BA’87, is director of project management at Hetrick Communications in Indianapolis. She joined the company at the same time as M. Elizabeth (continued on page 11)

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Alumni notebook
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Joss, BA’83, who works as the agency’s director of strategy and message. Both Grant and Joss live in Indianapolis.

Podiatrist Aaron B. Pearl, BA’87, practices at Arlington Foot & Ankle in Arlington, Va. He is a longtime volunteer at the Arlington Free Clinic, a community-based not-for-profit dedicated to lower-income and uninsured individuals. He writes, “I was volunteering once a month for about eight years. [Now having two young children] I go every other month. The support staff is awesome. I wish I had them in my office. It is nice to treat patients without having to worry about insurance issues.”

Louisa B. Elder, BS’88, married Eric Kettelhut in August 2006 and honeymooned in Peru, South America. Elder, who joined Abbott Laboratories as a trade specialist in May 2005, was promoted to manager of customs and trade compliance in January 2007.

Suzi Smith, MS’89, won the NIRSA Region IV Merit Award. She is the director of the Bryan Williams MD Student Center at the University of Texas SW Medical Center.

1990s

Ariel E. Axelrod, BA’91, of Bargersville, Ind., is a major in the U.S. Army. He and his wife, Robyn, had a son, Noah Samuel, on June 13, 2007.

Stacey Hall, MS’95, is director of club sports, intramural sports, and student development for IU Campus Recreational Sports in Bloomington, Ind. In April 2007, she was elected as the region III vice president of the National Intramural and Recreational Sports Association. Hall lives in Bloomington.

Adam J. Farb, MS’96, is director of information technology at MNJ Technologies Direct Inc. in Buffalo Grove, Ill. In July 2007, his daughter, Anya Jean, turned 1. Farb lives in Lake Zurich, Ill.

Chris M. Arterberry, BS’98, MS’02, works in recreational sports at DePaul University. He lives and works in Chicago.

Scott T. Peden, BS’98, is director of recreation at Butler University in Indianapolis. His program was chosen as a 2007 recipient of the National Intramural and Recreational Sports Association’s Outstanding Indoor Sports Facilities Award after opening its new Health and Recreation Complex. Peden lives in Indianapolis.

Rachel M. Stentz-Baugher, BS’99, co-ordinated a symposium, “Girls & Women Rock: Celebrating 35 Years of Sport,” that took place in Cleveland in March 2007. She has worked as director of programs for the Greater Cleveland Sports Commission and plans to start her own event-development and production company, RSB Consulting. Stentz-Baugher lives in Brecksville, Ohio.

2000s

Joshua E. Downing, BS’00, MS’02, is assistant director of recreation at Butler University in Indianapolis. He oversees membership, marketing, and facility maintenance and manages supervisors in those areas. Downing lives in Greenwood, Ind.

Aaron C. Olson, MS’03, is program adviser for the University of South Carolina’s alcohol and drug programs. Previously, he served as assistant director of programming for Ball State University’s recreation services.

Terese M. Schurgr, BS’03, MS’05, is assistant director of recreation aquatics at Butler University. She lives and works in Indianapolis.

Sam Bear, BS’04, MS’06, is assistant director of facility operations at Tulane University in New Orleans.

Stacy E. Dixon, BS’04, is a full-time student in the IU School of Medicine in Indianapolis, where she is pursuing an MD and PhD in pharmacology. Dixon writes that she is in her fourth year of the program and is studying the parasite Toxoplasma gondii. She lives in Indianapolis.

In 2007, Catherine A. Haines, BA’04, of Nashville, Tenn., served as a summer associate at the law firm Bingham McHale in Indianapolis. She expects to receive her juris doctor degree in May.

Takeshi “Tak” Momose, BS’04, has been the coordinator for intramural sports and sports clubs at the University of Texas at Arlington since October 2006. Momose lives in Arlington.

Kelli A. Whall, Cert’04, BS’05, is a sports club graduate assistant at the Aztec Recreation Center of San Diego State University. In April 2007 she was elected as a student representative of the National Intramural and Recreational Sports Association. Whall lives in La Mesa, Calif.

Salvatore B. Amadeo Jr., MS’05, is coordinator of the Campus Recreation Center at Georgia Tech. He lives and works in Atlanta.

Paul S. McCarthy, Cert’05, is sports club manager at Florida Gulf Coast University’s Campus Recreation department. He lives and works in Fort Myers, Fla.

Megan Moore, MS’05, is the fitness coordinator at Georgia Tech.

Chris Crume, MS’06, is the assistant aquatics director at Purdue University.

Carlee Malkowski, MS’06 is teaching at Bergen Community College in New Jersey and carrying out nutrition and fitness consultations for physicians.

Lauren Martini, MS’06, is now serving as interim director of intramural sports at the University of South Carolina.

After numerous applications and a year off from school, Joseph J. Reitan, BS’06, was accepted to the University of Hartford’s doctor of physical therapy program. He plans to graduate from the program in May 2010.

Patricia A. Tessier, MS’06, is the director of customer service and marketing for the recreational sports program at the Massachusetts Institute of Technology in Cambridge. She lives in Manchester, N.H.

Sarah Gentle, MS’07, is the coordinator of fitness and wellness at the University of California, Davis.

Eric Kammeyer, MS’07, is assistant director of intramural sports at Purdue University in West Lafayette, Ind.

Alison Powell, MS’07, is assistant director of fitness/wellness as DePaul University in Chicago.
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