



INDIANA UNIVERSITY High School

Dateline IUHS
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Student Snapshot - Rachael Bazzell
Recent IUHS graduate Rachael Bazzell is eager to tackle her latest challenge: biochemistry.

Forward Focus
Quick: Name one thing that can help you select a career, and improve your marketability.

Upcoming Conventions
Check out one of these home-school conventions!

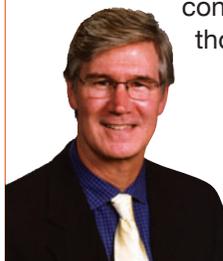
Did you know?
Sleep is good for more than just beauty...

General Reminder
How many yours are you? Help us end multiple entries!

Help us stay in touch
Moved recently? Let us know.

AP Courses to Begin

Great news for those of you following the development of our advanced placement courses. I am happy to tell you that the first three AP courses are ready to begin this fall. Those courses will be U.S. history, chemistry, and 11th grade English. Also, during the months of April, May, and June, we are experimenting with the mail system, shipping exams by U.S. priority mail. Due to the added costs of this method, I would appreciate any feedback you have as to whether or not you've noted an improvement in the time it takes to receive your exams. Please contact me at bcolston@indiana.edu with your thoughts on this.



Have a fantastic summer!

Bruce Colston, IUHS Director

Student Snapshot

When Rachael Bazzell graduates from Indiana University High School this month, she'll already be well on her way to earning a degree in biochemistry and making her dream of becoming a cancer researcher a reality.

As a child, Bazzell dreamed of becoming a doctor. In grade school, a perceptive teacher encouraged her participation in the school science fair, where she became enamored of the scientific process. Her career aspirations evolved further after watching loved ones battle, and then succumb to, cancer. "My science research projects have evolved from the typical grade school projects to my current interest in herbal treatments and the hope they hold for cancer treatment," said Bazzell. "My last science research project involved testing the antibiotic effectiveness of several herbs in comparison to antibiotics commonly used today. Garlic proved to be very promising."

Read more about Bazzell.



Rachael Bazzell

Forward Focus: Step Right Up

Your whole life, people have asked, “What do you want to be when you grow up?” Now, all the sudden, the grown-up part is closer than it was when you were five and wanted to be a firefighter, *and* a world famous chef, *and* a movie star (but only on weekends).

One possible—and potentially advantageous—avenue of career exploration is volunteering. By volunteering, you can get a first-hand look at a variety of professions—with minimal investment and obligation.

Not only that, but volunteer experience sets you apart from your peers on college admission forms and scholarship applications. What’s more, employers like to see volunteer work on the resumes they review. Perhaps most important, volunteering enables you to better your community and enrich the lives of others.

Volunteer resources to get you started:

The United Way:

www.unitedway.org

Do Something:

www.dosomething.org

USA Freedom Corps:

www.usafreedomcorpskids.gov/youth/

Volunteer Abroad:

www.volunteerabroad.com

Global Volunteer Network:

www.volunteer.org.nz/



Upcoming Conventions

Homeschool conventions often include seminars and networking opportunities for students and parents alike. IUHS representatives will be at the following conventions this summer—be sure to stop by and see us!

May 24–26

FPEA Florida Parent Educators Association Annual Convention

Orlando, Florida

407.363.9210 or convention@fpea.com

May 31–June 2

LEAH New York State Home School Convention Syracuse, NY

315.637.4525 or

SyracuseConventionCoordinator@ny Leah.org

June 8–9

NICHE Network of Iowa Christian Home Educators Conference

Des Moines, IA

515.830.1614 or exhibit07@the-niche.org

For a complete list of conventions, go to scs.indiana.edu/hs/hsconventions.html.

Coming Right Up!

IUHS Science Courses Now Include Lab Experiences

Students in IUHS science courses can now benefit from an added feature: lab work. IUHS physics courses **Sci 41P** and **42P** have just been released with a lab component, and all other science courses will soon follow.

IUHS teachers and course writers began to add the labs this spring. Depending on the subject matter, the labs will include simulations, virtual experiments, and hands-on activities.

Lab components are just one of many recent developments for Indiana University High School. In 2006, IUHS began offering an honors diploma, and the program recently announced that advanced placement courses will be available starting this fall.

Learn more about the options available through Indiana University High School at scs.indiana.edu, askiuhs@indiana.edu, or 800.334.1011.



Did you know?

A Good Night's Sleep Has Positive Effect on Memory

There may be something to the notion of studying right before bed. Researchers at Harvard Medical School have discovered that sleeping after performing a memory task helps improve one's ability to remember the information later.

The study took two groups of people, giving each group a word-pairing test. One group was given the test at 9 a.m., the other

at 9 p.m. Participants in the first group were asked to recall pairings at 9 p.m. The second group, after sleeping normally, was asked to recall pairings at 9 a.m. The results indicated that the group that had gotten sleep following the test had a 12 percent greater recall overall.



General Reminder



How Many Yous Are You?

Let's pretend for a moment that your legal name is Joseph Thomas Smith—a fairly common name, and a very versatile one. (We apologize to any real Joseph Thomas Smiths—we really aren't trying to pick on you.) You could be Joe Smith one

day, JT Smith the next. Perhaps your younger sister always calls you Joey. Which begs the question: How many yous are you?

In our database-driven society, with mailing lists, forwarding orders, financial records, and credit scores, the name we use when filling out forms is very important. Let's say Publishers Clearinghouse wants to send you a million dollars. Or better yet, the School of Continuing Studies has new information on that Meaning of Life course you've always dreamed of taking.

Unfortunately, you've moved since the last time we communicated. We have you as Joseph T. Smith at 301 West Elm St., but on your forwarding service request, you listed your former address as Joey T. Smith at 301 W Elm Street. When we send mail to you, the forwarding service won't make the connection between Joseph T. and Joey T., or between W Elm St. and West Elm Street. No Meaning of Life for you!

To make a long story short, we humbly request that you be consistent in providing your name and contact information. Please use your full legal name, as well as your official U.S. Post Office address. We'd appreciate it, Joe (and JT, Joseph, and Joey).



Help us stay in touch with you!

If you have changed your name, postal address, phone number, or email address, please let us know so we can continue to communicate with you. Send email to iuhs@indiana.edu. Be sure to give your full name (not just your email address), old information, and updated information.

If you do not want to receive this newsletter every two months, please respond to this email message and ask us to remove your name from our distribution list.

Privacy Statement: We believe your personal information belongs to you. We collect information when you provide it, but we do not rent or sell your information to third parties.

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