

PSY G-550 Internship in Mental Health Counseling
Summer 2019 Section #

Instructor:

Office Location:

E-mail:

Cell Phone #

Office Phone

Office Hours:

Virtual Office Hours: You can reach me by email or phone almost anytime

Course type: Graduate, Lecture & Discussion

Course Description: This course requires consent from instructor because it is a field placement in counseling psychology. You will need to complete 180 contact hours as part of this course.

Canvas: Candidates are required to use Canvas to access instructional material, assignments and messages. Candidates are required to upload assignments to Canvas & post messages for class discussions.

Textbooks: Wiger, D.E. (2011). The Psychotherapy Documentation Primer, (3rd ed). Wiley. ISBN: 978-0470903964

Student Outcomes & Learning Objectives.

By the end of this course, candidates will be able to:

1. Describe and discuss the evidence-based theoretical model of counseling they plan to implement, as well as the broad range of theories and interventions that could be adapted to help clients in the treatment of psycho/social/emotional problems.
2. Design an effective treatment plan with appropriate goals for clients consistent with the goals of their community agency.
3. Communicate (verbally and non-verbally) in a professional manner at all times.
4. Demonstrate interpersonal qualities, such as acceptance, warmth, genuineness, which make them able and willing to work with individuals of varying physical, mental, cultural, ethnic, and religious backgrounds.
5. Identify a variety of professional activities (e.g. record keeping, supervision, information and referral, in-service and staff meetings) in addition to direct service, that impact the role of the therapist.
6. Demonstrate both professional and ethical behaviors consistent with the ethical standards of the American Counseling Association while working at their community agency placement.
7. Accept feedback in supervision and make adjustments as necessary.
8. Set individual goals toward integrating a balanced lifestyle into their personal and professional life.

Major Course Assessments

Case conceptualization papers: You will be required to submit TWO case conceptualization papers in this course. The first must be a clinical case conceptualization of a current client. The second will be a theoretical application of that case from an evidence-based theoretical position.

Case presentation: You will be required to “staff” the case through a case conceptualization presentation. This will be a 10 minute presentation of the case to your classmates, including presenting issues, treatment plan and your case conceptualization from a theoretical perspective.

Reflections: At the midpoint and the end of the semester, you will be required to ask for feedback from your site supervisor and your faculty supervisor about your skills as a professional counselor. Upon receiving this feedback, you will submit a critical reflection of your skills as a counselor. This should include areas of strength and those areas that you are still developing. In this paper, you must provide at least 3 strategies for how you will improve your areas of weaknesses. Minimum 5 pages, maximum 7 pages. Your paper should follow APA style.

Participation: As a graduate student, it is critical that you engage in a professional and critical manner with the course content and instructor. You will be expected to participate in class discussions in each class session.

Grading System:

Case Conceptualizations	150 points each	30 percent of grade
Case Presentation	100 points	10 percent of grade
Reflections	150 points each	30 percent of grade
Evaluation from site	100 points	10 percent of grade
Class Participation:	200 points	20 percent of grade

Succeed at IU

You’re probably used to seeing many policy statements on a syllabus. Faculty include these statements to ensure you understand course expectations so that you can succeed in your courses. At IU, we have placed all university policies on a single website easily accessed from every Canvas course site. Simply look at the left navigation bar and click on Succeed at IU. You can find links to sites with a great deal of useful information including

- How to avoid plagiarism and cheating
- Disability Services
- FLAGS
- Tutoring centers
- Canvas Guides
- Financial Aid
- Sexual Misconduct
- Counseling
- Writing Center and much more!

My expectation is that you review university policies carefully to ensure you understand the policy and possible consequences for violating the policy. Please contact me if you have any questions about any university policy.

Technology Skills: The candidate will utilize CANVAS for class materials & submission of some course assignments; candidates will utilize technology for research and class presentations; candidates *may be* required to audio or video-record mock practice counseling sessions; candidates may be required to research credible print and electronic mental health counseling resources; Candidates will be expected to communicate with the instructor through e-mail and CANVAS.

Content Standards

The Mental Health Counseling Program of IU Southeast, IU East & IU Kokomo is based on the 2016 CACREP Accreditation Standards and the Indiana Mental Health Counselor licensing requirements as stipulated by the Behavioral Health & Human Service Licensing Board. The standards assessed in this course, G550 Internship in Mental Health Counseling, are

1. Professional Counseling Orientation and Ethical Practice

- b. the multiple professional roles and functions of counselors across specialty areas, and their relationships with human service and integrated behavioral health care systems, including interagency and interorganizational collaboration and consultation
- c. counselors' roles and responsibilities as members of interdisciplinary community outreach and emergency management response teams
- k. strategies for personal and professional self-evaluation and implications for practice

5. Counseling and Helping Relationships.

- g. essential interviewing, counseling, and case conceptualization skills
- h. developmentally relevant counseling treatment or intervention plans
- i. development of measurable outcomes for clients
- j. evidence-based counseling strategies and techniques for prevention and intervention

Clinical Mental Health Counseling Standards

Counselor education programs with a specialty area in clinical mental health counseling must document additional MHC standards. The specific MHC standards assessed in this course, G550 Internship in Mental Health Counseling, are:

1. Foundations
 - b) theories and models related to clinical mental health counseling
 - c) principles, models, and documentation formats of biopsychosocial case conceptualization and treatment planning
2. Contextual Dimensions
 - b) etiology, nomenclature, treatment, referral, and prevention of mental and emotional disorders
 - d) diagnostic process, including differential diagnosis and the use of current diagnostic classification systems, including the Diagnostic and Statistical Manual of Mental

Disorders (DSM) and the International Classification of Diseases (ICD)

3. Practice

- a) intake interview, mental status evaluation, biopsychosocial history, mental health history, and psychological assessment for treatment planning and caseload management
- b) techniques and interventions for prevention and treatment of a broad range of mental health issues

Course Outcomes, Learning Objectives & Assignments mapped to Standards

Objective	MHC Standards	CACREP Standard	Assessment
Describe and discuss the evidence-based theoretical model of counseling they plan to implement, as well as the broad range of theories and interventions that could be adapted to help clients in the treatment of psycho/social/emotional problems.	1c, 2b, 2d, 3b	5g	Case Conceptualizations Reflections
Design an effective treatment plan with appropriate goals for clients consistent with the goals of their community agency.	2b, 2d, 3b	5h, i	Case Conceptualizations Reflections
Communicate (verbally and non-verbally) in a professional manner at all times.	1c, 2d, 3b	1b, 1c, 5g, i, j	Case Conceptualizations Case Presentations Reflections
Demonstrate interpersonal qualities, such as acceptance, warmth, genuineness, which make them able and willing to work with individuals of varying physical, mental, cultural, ethnic, and religious backgrounds.	1b, 1c	1k, 5h, j	Reflections Site Evaluation Case Conceptualizations
Identify a variety of professional activities (e.g. record keeping, supervision, information and referral, in-service and staff meetings) in addition to direct service, that impact the role of the therapist.	3a, 3b	1c, 5h, i, j	Reflections Case Conceptualizations
Demonstrate both professional and ethical behaviors consistent with the ethical standards of the American Counseling Association while working at their community agency placement.	1c, 3b	1b, 1c, 5g, i, j	Case Conceptualizations Reflections
Accept feedback in supervision and make adjustments as necessary.	3a	5g, i, j	Reflections Case Conceptualizations
Set individual goals toward integrating a balanced lifestyle into their personal and professional life.	3b	1b, 1c, 1k	Site Evaluation Case Presentation Reflections

Week	Date	Topic	Required Reading	Assignments/Activities
1	May 13			
2	May 20			
3	May 27			
4	June 3			
5	June 10			
6	June 17			
7	June 24			
8	July 1			
9	July 8			
10	July 15	NO MEETING	SPRING BREAK	
11	July 22			
12	July 29			
13	Aug 5			
14	Aug 12	Finals		