

PSY P624 Principles of Psychopathology
Spring 2019 Section #

Instructor:

Office Location:

E-mail:

Cell Phone #

Office Phone

Office Hours:

Virtual Office Hours: You can reach me by email or phone almost anytime

Course type: Graduate, Lecture & Discussion

Course Description: Description of the phenomena of psychopathology and the principles associated with their classification.

Essentially, this course is designed to assist the mental health practitioner in understanding psychological disorders that are experienced by adults. This course will address principles of etiology, differential diagnosis, treatment planning, and prevention of mental and emotional disorders and dysfunctional behavior.

Canvas: Candidates are required to use Canvas to access instructional material, assignments and messages. Candidates are required to upload assignments to Canvas & post messages for class discussions.

Textbooks:

Student Outcomes & Learning Objectives.

By the end of this course, candidates will be able to:

1. Identify common disorders using the Diagnostic and Statistical Manual of Mental Disorders and the International Classification of Diseases.
2. Explain the evidence concerning etiology of common disorders.
3. Identify the most effective treatments based on current evidence while taking into account relevant cultural factors by developing treatment plans for mock cases.
4. Recognize historical factors and theories/models related to psychopathology.
5. Describe the roles and settings of professionals in the field of psychopathology.
6. Identify clinically and culturally appropriate psychological assessments for diagnostic and intervention planning for various disorders.
7. Communicate in a professional manner verbally and in writing.

Major Course Assessments

Exam: You will have **TWO** exams over the course of the class. All exams will be delivered online via our Canvas course site. These will focus on proper assessment of the etiology of various disorders and how to diagnosis using the DSM 5 or current edition of the ICD. These will be a mixture of multiple choice, fill in the blank and essay questions. However, essays will make up the largest portion of your exams and must thoroughly address each part of the question

in order to receive full points. Strive for clarity and to explain your positions without use of generalizations. **Any information that is taken and quoted directly from the text to serve as a response will result in a grade of zero for that section of the response within essay question responses. 100 points possible for each exam.** There will be no dropped exams this term so you may be allowed to make up an exam for any of the following reasons (e.g., illness, death or serious illness in family, etc.). To do so you must contact me no later than 24 hours after the missed exam to set up a date to retake the exam. You will then have seven days to complete the exam or a grade of zero will be entered for the exam. Makeup exams will be essay questions only.

Case conceptualization: You will be presented with a clinical case at predetermined points in the course. Using the information you have gathered, your understanding of what diagnostic issues may be most salient, as well as consultation with me as your instructor you will be expected to develop a treatment plan for the fictitious client. You should consider major aspects of their presenting concerns, personality, family history and other issues but will have to determine if those areas need to be addressed before other seemingly minor concerns presented by the client.

Final Paper: Personal Theory of Psychopathology – no more than 10 pages. This paper should include (a) your definition of “psychopathology,” (b) your theory of the etiology and progression of "pathology," (c) the implications of this theory for treatment (i.e., goals of treatment, major counseling techniques), (d) the roles of therapist and client in the process of counseling, and (e) the implications of this theory for time limited counseling (i.e., managed care). The paper must conform to APA Style (6th Edition). More details of the particulars of this paper will be given in the Canvas Files section.

Media Review & Character Assessment: You will watch a preapproved movie, web-series, documentary or television program that prominently features at least one character with an identifiable mental health diagnosis. You will make a clear diagnosis based on the information available to you, connect your diagnosis to the information you are using for your diagnosis. You will then discuss if the disorder is being portrayed accurately, what nuances either improve or negate the character portrayal, and how the portrayal is likely to influence the general public’s opinion of the disorder.

Article Reviews & Summaries: Locate, read, and summarize 5 articles found in recent (2015-2018) professional counseling literature (i.e. journals, not commercial websites). The articles chosen should pertain to the diagnosis and/or treatment of specific mental disorders. Article summaries should be double-spaced, one to two pages in length, and include the entire reference (APA format) at the top of the page. Articles read will be discussed in Canvas. The summaries should not simply be a reiteration of the article but rather a critical and thoughtful examination of the content and a response to the information.

Participation: Online formats may not seem to provide the same level of opportunities to interact as in a face to face class and the nature of this class may make you feel less inclined to actively share your opinion. However, we will only succeed as a unit and I am going to present several options to you as a unit to find ways to increase our interaction in a way that feels good

for all of us. Additionally, you need to be an engaged member of the course for your benefit, the benefit of your classmates and for my own improvement as an instructor.

Grading System:

Exams (2):	100 points each	40 percent of grade
Case Conceptualizations	100 points each	20 percent of grade
Final Paper	100 points	15 percent of grade
Media Review	100 points	10 percent of grade
Article Reviews	50 points each	10 percent of grade
Class Participation:		5 percent of grade

Succeed at IU

You're probably used to seeing many policy statements on a syllabus. Faculty include these statements to ensure you understand course expectations so that you can succeed in your courses. At IU, we have placed all university policies on a single website easily accessed from every Canvas course site. Simply look at the left navigation bar and click on Succeed at IU. You can find links to sites with a great deal of useful information including

- How to avoid plagiarism and cheating
- Disability Services
- FLAGS
- Tutoring centers
- Canvas Guides
- Financial Aid
- Sexual Misconduct
- Counseling
- Writing Center and much more!

My expectation is that you review university policies carefully to ensure you understand the policy and possible consequences for violating the policy. Please contact me if you have any questions about any university policy.

Technology Skills: The candidate will utilize CANVAS for class materials & submission of some course assignments; candidates will utilize technology for research and class presentations; candidates *may be* required to audio or video-record mock practice counseling sessions; candidates may be required to research credible print and electronic mental health counseling resources; Candidates will be expected to communicate with the instructor through e-mail and CANVAS.

Content Standards

The Mental Health Counseling Program of IU Southeast, IU East & IU Kokomo is based on the 2016 CACREP Accreditation Standards and the Indiana Mental Health Counselor licensing requirements as stipulated by the Behavioral Health & Human Service Licensing Board. The standards assessed in this course, P624 Principles of Psychopathology, are

5. Counseling and Helping Relationships.

- g. essential interviewing, counseling, and case conceptualization skills
- h. developmentally relevant counseling treatment or intervention plans
- i. development of measurable outcomes for clients
- j. evidence-based counseling strategies and techniques for prevention and intervention

Clinical Mental Health Counseling Standards

Counselor education programs with a specialty area in clinical mental health counseling must document additional MHC standards. The specific MHC standards assessed in this course, P624 Principles of Psychopathology, are:

- 1. Foundations
 - b) theories and models related to clinical mental health counseling

 - c) principles, models, and documentation formats of biopsychosocial case conceptualization and treatment planning
- 2. Contextual Dimensions
 - b) etiology, nomenclature, treatment, referral, and prevention of mental and emotional disorders

 - d) diagnostic process, including differential diagnosis and the use of current diagnostic classification systems, including the Diagnostic and Statistical Manual of Mental Disorders (DSM) and the International Classification of Diseases (ICD)
- 3. Practice
 - a) intake interview, mental status evaluation, biopsychosocial history, mental health history, and psychological assessment for treatment planning and caseload management
 - b) techniques and interventions for prevention and treatment of a broad range of mental health issues

Course Outcomes, Learning Objectives & Assignments mapped to Standards

Objective	MHC Standards	CACREP Standard	Assessment
Identify common disorders using the Diagnostic and Statistical Manual of Mental Disorders and the International Classification of Diseases.	1c, 2b, 2d, 3b	5g	Exams Case Conceptualizations Final Paper Media Review

Explain the evidence concerning etiology of common disorders.	2b, 2d, 3b	5h, i	Case Conceptualizations Final Paper Article Review
Identify the most effective treatments based on current evidence while taking into account relevant cultural factors by developing treatment plans for mock cases.	1c, 2d, 3b	5g, i, j	Article Review Exams
Recognize historical factors and theories/models related to psychopathology.	1b, 1c	5h, j	Exams Final Paper
Describe the roles and settings of professionals in the field of psychopathology.	3a, 3b	5h, i, j	Final Paper Case Conceptualizations
Identify clinically and culturally appropriate psychological assessments for diagnostic and intervention planning for various disorders.	1c, 3b	5g, i, j	Case Conceptualizations Article Reviews Exams Final Paper Media Reviews
Communicate in a professional manner verbally and in writing.	3a	5g, i, j	Final Paper Case Conceptualizations Article Reviews

Week	Date	Topic	Required Reading	Assignments/Activities
1	Jan 8			
2	Jan 15			
3	Jan 22			
4	Jan 29			
5	Feb 5			
6	Feb 12			
7	Feb 19			
8	Feb 26			
9	Mar 5			
10	Mar 12	NO MEETING	SPRING BREAK	
11	Mar 19			
12	Mar 26			
13	Apr 2			
14	Apr 9			
15	Apr 16			
16	Apr 23			
Finals	Apr 30			