

## Indiana's Roadmap to Services: When You Are Concerned Your Young Child May Have an Autism Disorder

Indiana's Act Early team has released a new publication for mass distribution. This free brochure, *Roadmap to Services: When You Are Concerned Your Young Child May Have an Autism Disorder*, provides information on the early signs of autism in the areas of communication, social skills, and restrictive or repetitive interests, steps for obtaining a diagnosis, and where to find additional services and supports. The brochure, designed in sunny colors and early childhood imagery, answers the question many families ask, "What if I'm told to wait to see if he/she outgrows it?" The resources in this brochure empower families to take the next step they believe will help their child now.



This brochure is available free of charge to any individual or organization in Indiana concerned with the development of young children. For more information, contact Cathy Pratt, Director, Indiana Resource Center for Autism, at (812) 855-6508 or e-mail [prattc@indiana.edu](mailto:prattc@indiana.edu)

For a printer-friendly version of this brochure, visit: [http://www.iidc.indiana.edu/styles/iidc/defiles/IRCA/Roadmap\\_to\\_Services\\_web.pdf](http://www.iidc.indiana.edu/styles/iidc/defiles/IRCA/Roadmap_to_Services_web.pdf)

## Book Review:

### *CARA's Kit for Toddlers*



Looking for some help making those adaptations that are specific to early childhood? Want a quick, easy reference guide to keep accommodations close at hand? Consider *CARA's Kit for Toddlers: Creating Adaptations for Routines and Activities*.

This fun resource will help you master creating effective adaptations for play, art, circle time, toileting, and much more! Find many ways to increase participation for all of your children, including those who have challenging behaviors and special needs.

This friendly, full-color guide offers a six-step process for implementing adaptations and loads of suggestions for increasing children's participation in activities. It helps you improve a toddler's development with physical and social play while also working on emotional, communication, and cognitive growth.

This guide comes complete with a multimedia CD that has suggested adaptations, a how-to audio presentation in both English and Spanish, more than 25 PowerPoint slides, an instrument to assess activities/routines, and printable forms for generating ideas and recording notes.

Want to take a look before you buy? CeDIR has a copy! Just give us a call or send an email; we'll be happy to loan it to you.

# Focus on Early Intervention

## Books

- Ball, J. (2008). *Early intervention & autism: Real-life questions, real-life answers*. Arlington, TX: Future Horizons.
- Campbell, P. H., Milbourne, S. A., & Kennedy, A. A. (2012). *Cara's kit for toddlers: Creating adaptations for routines and activities*. Baltimore: Paul H. Brookes Pub.
- Gruenberg, A. M., & Miller, R. (2011). *A practical guide to early childhood inclusion: Effective reflection*. Boston: Pearson.
- McWilliams, R. A. (2010). *Routines-based early intervention: Supporting young children and their families*. Baltimore: Paul H. Brookes Pub.
- Odom, S. L. (2007). *Handbook of developmental disabilities*. New York: Guilford Press.
- Roffman, L., & Wanerman, T. (2011). *Including one, including all: A guide to relationship-based early childhood inclusion*. St. Paul, MN: Redleaf Press.
- Rogers, S. J., Dawson, G., & Vismara, L. A. (2012). *An early start for your child with autism: Using everyday activities to help kids connect, communicate, and learn*. New York: Guilford Press.
- Rush D. D., & Shelden, M. L. L. (2011). *The early childhood coaching handbook*. Baltimore: Paul H. Brookes Pub.
- Sher, B. (2009). *Early intervention games: Fun, joyful ways to develop social and motor skills in children with autism spectrum or sensory processing disorders*. San Francisco: Jossey-Bass.
- Steed, E. A., & Pomerleau, T. M. (2012). *Preschool-wide evaluation tool (PreSET) manual: Assessing universal program-wide positive behavior support in early childhood*. Baltimore, MD: Paul H. Brookes Pub.
- Thompson, T. (2011). *Individualized autism intervention for young children: Blending discrete trial and naturalistic strategies*. Baltimore: Paul H. Brookes Pub.
- Wall, K. (2011). *Special needs and early years: A practitioner's guide*. Thousand Oaks, CA: SAGE.

## Videos

- Keller, C., Dinki, J., & Balzano, E. (2007). *Bounce. Let's go!* [videorecording]. Santa Monica, CA : Genius Entertainment.
- Keller, C., Dinki, J., & Balzano, E. (2007). *Bounce. Routines!* [videorecording]. Santa Monica, CA : Genius Entertainment.
- Scheflen, S. C., McCarthy, J., & Scheflen, M. (2009). *Pronouns! Volume 1* [videorecording]. Santa Monica, CA: Teach2Talk.
- Scheflen, S. C., McCarthy, J., & Scheflen, M. (2009). *Prepositions! Volume 1* [videorecording]. Santa Monica, CA: Teach2Talk.
- Scheflen, S. C., McCarthy, J., & Scheflen, M. (2009). *Social skills. Vol. 1, Sharing & taking turns* [videorecording]. Santa Monica, CA: Teach2Talk.
- Scheflen, S. C., McCarthy, J., & Scheflen, M. (2009). *Social skills. Vol. 2, Conversations with friends* [videorecording]. Santa Monica, CA: Teach2Talk.
- Scheflen, S. C., McCarthy, J., & Scheflen, M. (2009). *Social skills. Vol. 3, Emotions, feelings & empathy* [videorecording]. Santa Monica, CA: Teach2Talk.

## Websites

Centers for Disease Control and Prevention  
<http://www.cdc.gov/ncbddd/actearly/>

Indiana First Steps  
<https://www.infirststeps.com/>

Indiana Resource Center for Autism  
<http://www.iidc.indiana.edu/irca>

Riley Child Development Center  
<http://www.child-dev.com/assets/files/EarlyDetection.pdf>