

# FYI Newsletter September 5, 2016

[Indiana Institute on Disability and Community](#)



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## Upcoming



### Indiana Teachers Learn How to Improve Transition IEPs

Staff of the [Indiana Secondary Transition Resource Center](#)(INSTRC) will be on the road this month, with Regional

Indiana Transition Trainings. INSTRC, a project of the Institute's [Center on Community Living and Careers](#), will present "Understanding the Transition IEP Process: Ensuring Quality & Compliance" in five trainings at four locations around the state. This year the center will also offer an online webinar training for those school districts who can't attend a regional training. In all, more than 300 teachers, other transition professionals, and administrators are expected to participate.

Led by Joni Schmalzried, Ed.D., and CCLC Director Teresa Grossi, Ph.D., the regional trainings:

- Provide information on the transition process, including the latest legislation impacting post-school outcomes;
- Provide resources for districts that have teachers new to transition planning; and
- Highlight common issues emerging across the state about the quality and compliance of Transition IEPs as well as the need to build local capacity.

The September trainings will take place in Bloomington, Chesterton, Warsaw, and Indianapolis. The online webinar option is scheduled for October 10. For more information on dates, times, and locations and to register, see the [2016 Regional Indiana Transition Trainings flyer](#).



### Ross Greene Workshop

The Institute's [Indiana Resource Center for Autism](#), in collaboration with Westfield Washington Schools, will host a [one-day workshop featuring Ross Greene](#), the originator of the model of intervention now known as *Collaborative & Proactive Solutions* (CPS), on Friday, November 18, 2016 in Westfield, IN.

The CPS model focuses on solving problems rather than on modifying behavior, emphasizes collaborative rather than unilateral solutions, encourages proactive rather than reactive intervention, de-emphasizes diagnostic categories, and provides practical, research-based tools for assessment and intervention. Participants in this workshop will leave with an understanding of the underpinnings of the model, along with practical assessment and intervention tools that can be brought back to and used in these diverse settings.

Past workshop participants shared their thoughts about this training.

- "I can leave with skills and information I can begin using tomorrow" - Teacher, 2015 Workshop Attendee
- "Great strategies; new perspective. I enjoyed Dr. Greene's clear and thoughtful presentation." - PBIS Interventionist & Behavior Specialist, 2015 Workshop Attendee

- "Useful information that can be used at my job and at home." - School Personnel and Parent, 2015 Workshop Attendee
- "Thorough, Insightful and Practical" - Speech Pathologist, 2015 Workshop Attendee

Registration fee is \$125.00 per person. [Click to register](#). For questions about the workshop content, contact Cathy Pratt at [prattc@indiana.edu](mailto:prattc@indiana.edu) or (812) 855-6508. Registration payment questions should be directed to IU Conferences at (800) 933-9330 or Melissa at [juconfs@indiana.edu](mailto:juconfs@indiana.edu). For any other questions, contact Lisa Bidwell at (812) 855-6508 or via e-mail to [lbidwell@indiana.edu](mailto:lbidwell@indiana.edu).

## Comings and Goings



### Nord to Switzerland

Indiana Institute director [Derek Nord](#) will provide a keynote speech at the *Conference of the Swiss Network for Research in Special Needs Education* held September 6, 2016 at the Institute of Special Education PHBern, Bern Switzerland.

Nord's presentation titled *Full Social Membership: Advancing Social Change through Research and Action*, will focus on the importance of cross-systems research to improve social membership of people with disabilities. He will present current research on the cross-system determinants of social membership and risk factors for exclusion that affect people with intellectual and developmental disabilities. He will also show the connectedness of these key indicators to different levels of social functioning that facilitate and restrict inclusiveness and social engagement.

## Across the Courtyard



### Implementation Science

Following a visit from Caryn Ward with the National Implementation Research Network, the Institute's [Early Childhood Center](#) is making a conscious effort to employ the use of implementation science in our work as a center. In this month's issue of the *What's Happening* newsletter, early education professionals will learn about implementation science and how it could be applied in our state. Articles break down implementation science by examining two evidence based practices, authentic assessment, and family-teacher conferencing. [Click to subscribe](#) to the *What's Happening* newsletter.



## Story Tent at Self-Advocates Conference

Are you or someone you know planning to attend the 2016 Self-Advocates of Indiana conference on September 14, 2016 at the Palms Banquet and Conference Center in Plainfield, IN. The Institute's [Center on Aging and Community](#) will be there with their [Story Tent](#) to record interviews and stories. Help spread the word and encouragement to the attendees to sign up early for some Story Tent time!

The Center's storytelling project collects and preserves life stories (oral histories) of ordinary citizens. The stories collected are as diverse as the people who tell them, and all commemorate and celebrate people from all walks of life -- those who give heft to the fabric of our community through their daily work, play, traditions, and dreams.

## Kudos



### Bonifacio Selected as Scholarship Recipient

Graduate assistant [Kristen Bonifacio](#) has been selected as the Indiana Association of School Psychologists Stana Michael Graduate Scholarship recipient for 2016. Bonifacio is a graduate assistant with the Institute's [Early Childhood Center](#) and doctoral student in the [School Psychology program](#) at Indiana University.

Each year, IASP (Indiana Association of School Psychologists) offers two scholarships to help support graduate students in the field of school psychology: the IASP Dr. Stana Michael Scholarship and the IASP Dr. Stana Michael Minority Scholarship.

The IASP Dr. Stana Michael Graduate Scholarship is awarded annually to an individual interested in pursuing graduate training in school psychology. The scholarship is awarded each year to a school psychology student in a NASP-approved program in Indiana (currently Ball State University, Indiana State University, Indiana University, and Valparaiso University).

## Library Corner



### Library Corner

- Borrie, C. (2016). *The long hello: Memory, my mother, and me*. New York: Arcade Publishing.

*The long hello: Memory, my mother, and me* is a 236-page memoir from a daughter who spent seven years caring for her mother with Alzheimer's. The book is beautifully written with heart-wrenching passages, that are painful to read and uplifting at the same time. Although haunting, the prose is, at times, almost

lyrical.

In short excerpts, we get a glimpse into the life of a woman caring for her mother who doesn't always remember who she is. We are privy to Borrie's memories of growing up with a distant, alcoholic father as well as learning about her beloved only brother's brutal death at a very young age. Interspersed with her mother's increasingly random conversations, the story of the author's past gets told in a halting progression through the crushing anxiety of watching her mother's deterioration to Borrie's eventual acceptance of her mother's passing.

- Manteau-Rao, M. (2016). *Caring for a loved one with dementia: A mindfulness-based guide for reducing stress and making the best of your journey together*. Oakland, CA: New Harbinger Publications, Inc.

*Caring for a loved one with dementia: A mindfulness-based guide for reducing stress and making the best of your journey together* is a 200-page guide to supporting those who support people with dementia. Written by a licensed clinical social worker who specializes in bringing new, innovative solutions to the field of dementia care, this book offers a mindfulness-based dementia care (MBDC) program to help caregivers meet their own needs and lower their own stress levels while caring for a loved one. The author offers strategies she used herself while caring for her own mother.

In the first part of the book, readers will learn more about dementia and which professionals to turn to for more help. The connection between dementia care challenges and stress are explored along with the way in which mindfulness can benefit the caregiver. Basic mindfulness practices are discussed along with the importance of acknowledging grief. Readers will also learn how to integrate mindfulness into communication and response to challenging situations. Self-care and the fruits that can be reaped from this program are discussed.

- Kerr, J. (2016). *Barrier free real estate: Achieving freedom at home*. Middletown, DE: Three Birds Press.

From a realtor with over 17 years of experience in the industry comes a 128-page guide called *Barrier free real estate: Achieving freedom at home*. This guide offers a look at accessible housing for the homeowner, visitability for guests with disabilities, and thoughts on modifying homes to make them more accessible for people with disabilities. The author specializes in barrier free real estate in the Toronto, Ontario area.

Beginning with thoughts on how architecture can be enabling or disabling, the book looks at what existing architecture can be barriers for people with physical disabilities and goes on to describe how they can be modified so that everyone can benefit. Making homes accessible so that guests with disabilities can comfortably visit and so that older folks can age in place are important aspects of barrier free real estate and are discussed in

the book. Tips for finding a house or condo to make accessible and ideas on renovations are covered as well as some thoughts on assistive technology to make the home more livable.

These new materials may be borrowed from the [Center for Disability Information and Referral](#) (CeDIR) at the Institute. To check out materials, contact the library at 800-437-7924, send an e-mail to [cedir@indiana.edu](mailto:cedir@indiana.edu), or visit us at 1905 North Range Road in Bloomington.

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