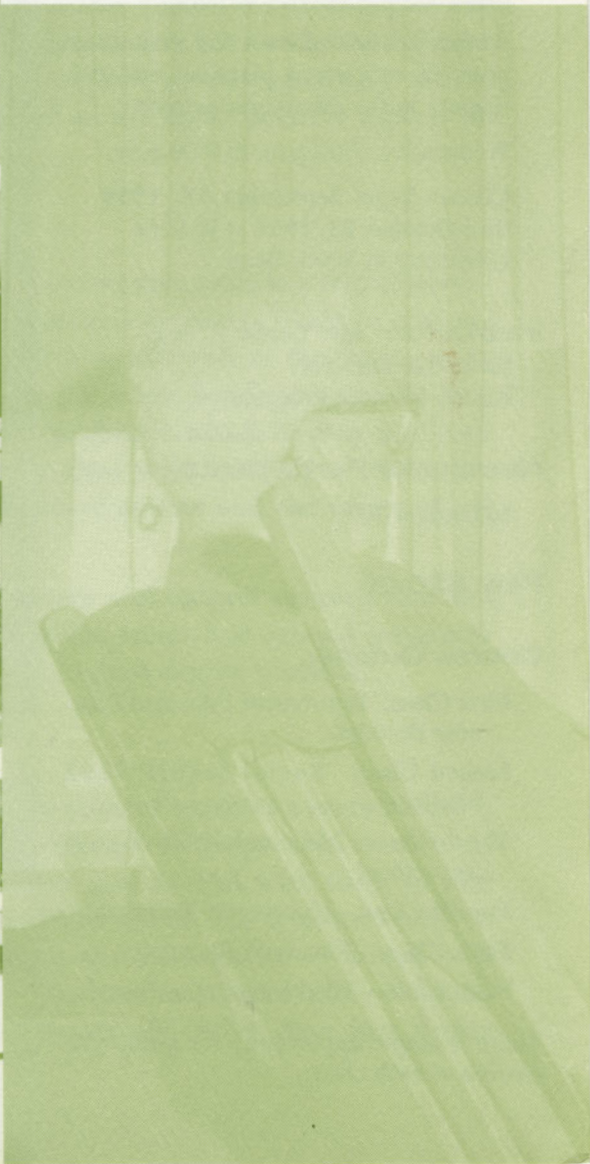


Retirement

or

the

Scrapheap?



Course Title:

HELPING EMPLOYEES PLAN THEIR RETIREMENT

For personnel executives and administrators from industry, unions, education, and other organizations responsible for retirement programs, or share the desire for providing retirement information and programs for older adults. Purposes for retirement planning, current methods, and individual and group programs are presented.

Wednesday, 7:00 p.m. to 9:00 p.m.

Classes begin **October 2, 1968**
thru **November 6, 1968** at Indiana
University at South Bend.

Instructor: Mr. Lester J. Fox,
Executive Director,
REAL Services Program.

Number of Participants:

Maximum 25.

Fee: \$25.00

Course Outline:

First Class: Objectives; Benefits; Attitudes.

Second Class: Film; Planning; Resources.

Third Class: Observe and Study a Retirement Program in Operation.

Fourth Class: Observe and Study a Retirement Program in Operation.

Fifth Class: Conducting Program; Communication Techniques.

Sixth Class: Model program formats; Things to do and not to do.

Ample opportunity for discussion is provided at each of the classes.

Introduction

Indiana University in cooperation with the REAL Services program of the United Community Services is pleased to announce these two vital programs relative to Retirement Preparation. Both programs are designed specially to encourage participants to accept retirement as a fitting climax to a productive work life and to plan constructively for it.

Problem

Retirement can be a time of confusion and frustration . . . of loneliness and doubt. People, as they grow older, face certain crises or problems, and a fuller understanding of these situations should result in better adjustment during their later years . . . adjustments have to be made, new patterns of life formed. The secret to a fruitful and satisfying retirement lies in a person becoming oriented to the many positive aspects of retirement.

Employer's Concern

A retired employee who is enjoying his retirement years is a living advertisement for his employer. A contented retired worker is likely to remember with pleasure his years at work and to speak well of the company to his younger friends and neighbors. On the other hand, one who is confronted by financial, health, and family problems which he may not have anticipated and does not know how to deal with is likely to make his employer and union the object of all his criticisms and the target of all his frustrations.

Most employers and unions have a sincere and natural concern that the people who are to benefit from the pension funds and related programs will know how to enjoy its fruits to the highest degree possible.

Individual's Concern

Preparation for retirement creates in the mind of workers a more positive, more receptive attitude toward retirement. It helps the worker to identify his problems and figure out how best to deal with them so that he goes into retirement with less to worry about. He is more likely to take steps — such as systematic saving and investment — which will contribute to his future financial security. He also is more likely to spend his retirement years actively and constructively rather than just sitting around.

Course Title:

PREPARING FOR YOUR RETIREMENT

A seminar presenting practical information on how to realistically plan and prepare for retirement — providing answers to questions which are too often put off until too late. The subject matters have been determined on the basis of their universal recognition as being of particular importance to retirees and prospective retirees.

Authorities will discuss the various aspects of retirement planning and participate in the discussion periods.

Wednesday, 7:00 p.m. to 9:00 p.m.

Classes begin **September 18, 1968**
thru **October 23, 1968** at Indiana
University at South Bend.

Instructor: Mr. Lester J. Fox,
Executive Director,
REAL Services Program.

Number of Participants:

Maximum 30.

Fee: \$20.00

Course Outline:

First Class: Retirement Film and Planning Booklet.

Second Class: Social Security and Medicare.

Third Class: Meaningful Activities in Retirement.

Fourth Class: Housing in Retirement.

Fifth Class: Financial Planning.

Sixth Class: Health in Retirement.

There is ample opportunity for group discussion at each class.

REGISTRATION

Registration can be completed by returning the registration form below. Registration may also be completed the evening of the first session (before the beginning of the session). However, the enrollment is limited and early registration will assure your participation.

Registration Form

Please register the following for the Continuing Education course(s) indicated.

- Please send a Continuing Education brochure describing all the courses and programs that are available.

Mr.
Mrs.
Miss

Social Sec. No. _____

Address _____

Street

City

State

Zip Code

Home Phone _____

Date of Birth _____

Are you registered

for credit courses? yes no

Employer _____

Occupation _____

Business Ph. _____

High School Graduate? yes no

College Graduate? yes no

Helping Employees Plan Their Retirement \$25.00

Preparing For Your Retirement \$20.00

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SOUTH BEND-MISHAWAKA CAMPUS
SOUTH BEND, INDIANA 46615

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