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## News Releases

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### **New Book Provides Advice and Support Strategies for Those in Relationships with Persons Diagnosed with Asperger Syndrome**

[Indiana University Media Relations Press Release](#) (December 19, 2011)

New book provides advice and support strategies for those in relationships with persons diagnosed with Asperger Syndrome

Bloomington, Ind: -- Adults with Asperger Syndrome often have difficulties establishing long-term relationships due to the defining characteristics of the syndrome. A new book, *The Partner's Guide to Asperger Syndrome*, draws on the personal experiences of the authors to provide non-spectrum partners with tried-and-tested strategies and advice on how to overcome these barriers and achieve meaningful relationships.

Indiana University's [Marci Wheeler](#) and co-authors Susan Moreno and Kealah Parkinson explore the key differences that may impact these relationships, such as communication, social skills, and sensory issues.

Published by [Jessica Kingsley Publishers](#), *The Partner's Guide*, includes more than 100 interviews and chapters on coping with stress and meltdowns, parenting, positive Asperger Syndrome qualities and how to use them to their full advantage in relationships, as well as advice on how non-spectrum partners can ensure that their own needs are met.

Wheeler holds a master's degree in social work and has worked at the Indiana Resource Center for Autism at the Indiana Institute on Disability and Community since 1983. She has served as a field instructor and adjunct faculty member in the School of Social Work at Indiana University-Purdue University Indianapolis.

Moreno is the founder and president of MAAP Services Inc., a nonprofit organization that provides information and advice to parents, educators, and healthcare professionals about all aspects of autism spectrum disorders. Parkinson specializes in fostering communication skills in clients with developmental disorders.

The [Indiana Resource Center for Autism](#) is part of the [Indiana Institute on Disability and Community](#) at [Indiana University Bloomington](#). Both receive support from the [Office of the Vice Provost for Research](#), which is dedicated to supporting ongoing faculty research and creative activity, developing new

multidisciplinary initiatives, and maximizing the potential of faculty to accomplish path-breaking work.