



# NEWSWATCH

Vol. 2016-2017 No. 8

April 2017

**Next regular meeting: 5 p.m., Wednesday, May 10  
Peterson Room, Showalter House, IU Foundation, SR46 Bypass**

## May to feature potluck, Cardinal Stage

Celebrate the end of the academic year with the ever-popular IURA annual potluck on Wednesday, May 10, in the Peterson Room at the IU Foundation. The evening begins with a social hour at 5 p.m. with the IURA providing beverages, including wine.

The potluck begins at 6 p.m. Please bring a salad, vegetable dish, or dessert to share. Meats and all tableware will be provided by IURA.

After the potluck, Cardinal Stage's founding Artistic Director **Randy White** will reflect on the first 10 years of Bloomington's professional theater company. That will include, says Managing Director **Gabe Gloden**, "its decade-long commitment to promoting theater as a transformative education tool while introducing an entire generation of Bloomington school children to the joys of professional live performance." Randy will discuss Cardinal Stage's evolution as a company and its future in the wake of the departure of its founding artists.



Cardinal will also present "Some-where," a song from the upcoming production of *West Side Story*, opening June 16 at the Buskirk-Chumley Theater. Attendees will be treated to a glimpse of the upcoming season, including a new

subscriber benefit and an exclusive offer for *West Side Story*.

No reservations are necessary, and you are welcome to bring a guest.

## Life is long, time is short: Stone outlines choices when end of life approaches

When time is short, people often separate the wheat from the chaff, what's important from what isn't. Then a different sort of healing can take place. That was part of the message **Rob Stone**, M.D., director of outpatient palliative care for IU Health, brought to nearly 50 IURA members on April 12.

Four simple phrases, from Ira Byock's *The Four Things That Matter Most*, may speak to the obvious, Dr. Stone said. But remembered at the end of life they can demonstrate "the power of forgiveness, the wonder of gratitude, and the chance for healing":

- Please forgive me.
- I forgive you.
- Thank you.
- I love you.

Palliative care, Dr. Stone explained, is broader than hospice services, which are for those who have six months or less left to live. Palliative care helps people cope with serious illnesses, which may last for years. It deals with relieving physical discomfort and emotional distress and is provided in addition to other medical treatment. "It helps people balance hope and fear, optimism and realism," he said.

Dr. Stone paraphrased a passage from Mitch Albom's *Tuesdays with Morrie*: "We all know we're going to die. We just don't believe it." He suggested that once you have a plan, it is important to put it on paper.

Advance directives help your family manage your future medical care and treatment when you cannot speak for yourself. Roughly 75 percent of people over 65 admitted to the ICU have to make important decisions in the first 48 hours but are unable to do so.

In Indiana, he explained, there is no hierarchy – parents, spouse, children – about who makes decisions in such a crisis. It is important, therefore, to have a **health care representative**, to make medical decisions for you if you cannot make them for yourself. The form establishing a health care representative requires only a witness, not a notary.

A **living will** is a general guide to what treatment you want. It makes your wishes known in writing. Under state law you have the right to refuse life-saving treatments, which otherwise are the default positions.

An **Out of Hospital Do Not Resuscitate Order** is designed for people with a terminal illness or with a condition that means CPR is unlikely to be successful.

If you have serious illness, you should consider what in Indiana is called **POST**. (About 40 states have such a form, with slight variations.) **POST** –Physician Orders for Scope of Treatment – gives emergency and medical personnel clear orders about wishes for treatment. It is a signed medical order that includes instructions for CPR, medical interventions, antibiotics, and artificial administration of nutrition. It follows you wherever you go – home, hospital, long-term care facility. You and your health care representative both need a copy. If you are living in your home, Stone advises putting the form in an envelope marked “POST” and taping it to the freezer door or the back of your front door so that emergency personnel can find it easily.

All these forms can be found at the Indiana State Department of Health Advance Directives Resource Center, <http://www.in.gov/isdh/25880.htm>. You may also call IU Health’s advance directive hotline, 812-353-9262. You will be asked to leave a message, and someone will contact you within a day or two.

In the question period, Dr. Stone described Hospice House. With only 12 beds, it is not designed for long-term care. People rarely stay for more than two weeks. Licensed as a hospital, it may help stabilize patients so they can go back home. It is also a way to give the caregiver a break.

There are other hospice facilities in Bloomington, but most hospice care is given at home, the place where 80 percent of people say they hope to die. Hospice cannot provide 24-hour care and is usually covered by Medicare.

Dr. Stone learned about palliative care and end-of-life issues from three mentors. The first was his first wife, Mindy. A doctor, she was diagnosed with

terminal cancer when she was 31. Her death, he said, “shattered our children and turned our lives upside down.” It led him to the work of Elisabeth Kübler-Ross and Dame Cicely Saunders and ultimately to the areas of palliative and hospice care. We’re grateful.

## Hustad applauds retiree generosity

At the annual meeting of the IURA, held April 12, Treasurer **Tom Hustad** announced that the association was in fine financial shape, with \$1,000 more in the treasury than a year ago. The stunning part of Tom’s report, however, was his description of retiree support of IU’s Bicentennial Campaign. Since the campaign began on Jan. 1, 2012, IU retirees have contributed more than half of the \$100 million that faculty and staff have given to date. More than 5,000 staff donors have contributed more than \$7 million. More than 4,000 faculty donors have contributed nearly \$38 million. But 2,093 faculty and staff retirees have given more than \$55 million.

In other business, **Joe Miller** will begin a three-year term on the IURA board, and **Suzanne Phillips** and **Carol Stokes** each will begin a second three-year term.

IURA President **Joanie Curts** thanked those who provided refreshments for the meeting: **Susan Jones**, **Kate Kroll**, and **Ruth Chesmore**.

## Art exhibit opening reception May 5

The opening reception for the 15th annual art exhibit, cosponsored by the Emeriti House and the IU Retirees Association, is Friday, May 5, from 5 to 7 p.m. at the Emeriti House, 1015 E. Atwater Ave. For information about the programs of the Emeriti House, see <http://www.indiana.edu/~emeriti>.

## Remembering our friends

*Twice a year since 2008, in the April and August issues, Newswatch memorializes members who have died since the last listing. Because of space limitations, only IURA members can be included. Please notify me (<mailto:jschroed@indiana.edu>, 812-332-5057) of any omissions. Thank you.*

*Judy Schroeder, Newswatch Editor*

**Martha Sue Artmeier** died Feb. 9 in Bloomington. She was 69. She was born in Greensburg, Ind., and graduated from Cottey College and IU. Sue began her IU career with the IMU and ended it more than 30 years later as assistant director of the Johnson Center of Entrepreneurship and Innovation at the Kelley

School of Business. She enjoyed travel. Sue was an elder at First Presbyterian Church and a member of PEO.

**Robert Fraser Blakely** died Sept. 15, 2016, in Baton Rouge, La. He was 95. Born in Newark, N.J., he was a weather forecaster in the Army Air Force during World War II. After earning bachelor's and master's degrees in physics at Miami (Ohio) University, Bob came to IU in 1949, teaching in the geophysics section of the geology department while earning his Ph.D. He served as research scientist/coordinator for research computing at the Indiana Geological Survey as well as professor of geology. A seismology expert, he was often consulted on earthquake activity around the world. He taught for several summers at the Judson Mead Field Station in Montana. He retired in 1986. Bob served on the board for the local chapter of the American Red Cross, receiving its Clara Barton award. He taught computing and driving skills to seniors. He traveled extensively and chaired the monthly Armchair Travel talks at Meadowood. He is survived by his wife of 73 years, Rosanna, associate librarian emerita in University Libraries.

**Don Lewis Cook** died Nov. 7, 2016, in Bloomington. He was 88. A native of Craig, Colo., he earned a bachelor's degree at UCLA. He served in the Korean War and in the Navy Reserve, retiring with the rank of commander. He returned to UCLA for his master's and Ph.D. in American literature. He joined IU's English department in 1959. An editor of American literary texts, he was general editor of *A Selected Edition of William Dean Howells*. He chaired the Modern Language Association committee on scholarly editions and was president of the Association for Documentary Editing. He was a member of the board of advisors of the Library of America. He retired in 1992. Don enjoyed music, art, and the theater and was an avid gardener. He is survived by his wife of 32 years, Jean, retired program developer for the IUB Division of Continuing Studies.

**Helen E. Gibbons** died Feb. 26 in Bloomington. She was 87. A native of New Castle, Pa., she earned her bachelor's degree at Villa Maria College and a master's at the University of Pittsburgh. She joined the faculty in business education after earning her Ed.D. at IU in 1960. In 1972 she joined the business education faculty at IPFW, retiring in 1990. From 1981 to 1987 she was the coordinator of academic awards and ceremonies at IPFW. A champion of women in business and a vocal philanthropist, she

was a founding member of the IU Foundation's Women's Philanthropy Council. Among her favorite philanthropies were Girls Inc., Habitat for Humanity, and WonderLab. In 2004 she received the Lifetime Achievement Award from the City of Bloomington. Helen was a founding member of St. Paul Catholic Center. From 1993 to 1997 she served on the board of the IU Annuitants Association, the precursor of the IURA, and was president during 1995-96.

**Katherine Geving Moldstad** died Jan. 16 in Bloomington. She was 92. A native of Jamestown, N.D., she graduated from Jamestown College and taught at Fergus Falls, Minn., before marrying and moving to Bloomington. She earned a master's degree in educational personnel and worked in the sociology department. She enjoyed dancing, bridge, gardening, reading, and traveling. She was active in the IU women's golf group and the Melody Makers singing group. Her husband, John, a professor of education, died in 2008.

**Robert "Bob" M. Petranoff** died Jan. 11 in Westfield, Ind. He was 91. A native of Indianapolis, Bob earned his bachelor's degree at IU in 1947 and his master's in 1963. He began his career at a radio station in Freeport, Ill., before moving to Bloomington as program manager of WTTS and WTTV. In 1954 Bob produced the first TV broadcast of an IU basketball game. In 1957 he joined the faculty of the radio and television department, teaching courses in production and station management. In 1971 he joined the IU News Bureau, retiring in 1990. He was active in the First Baptist/First United Church and served on the boards of Monroe County United Ministries, Big Brothers/Big Sisters, Monroe County Red Cross, and the IU Credit Union. From 1992 to 1994 he was secretary of the IU Annuitants Association, the precursor of the IURA. Bob was a member of Broadcast Pioneers, the Indiana Broadcasters Hall of Fame, and the Indiana Football Hall of Fame. Peggy, his wife of 68 years, survives.

**Hillard "Hill" Jay Trubitt** died Jan. 1 in Bloomington. He was 87. A native of Chicago, he received his undergraduate degree at the University of Illinois in 1950. Hill served as a lieutenant in the U.S. Army from 1950 to 1954 and fought in the Korean War. He retired as a colonel in the U.S. Army Reserve after commanding a military intelligence detachment for more than a decade. In 1959 he earned a J.D. from the IU School of Law and joined the IU department of police administration, which became the department of forensic studies and later the

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department of criminal justice. He retired in 1989. Hill was a founding member of Bloomington's Congregation Beth Shalom and served as its first president. He was active in the Bloomington Symphony Orchestra, serving two terms as president. He served on the board of directors of the Bloomington Town Theatre from 1974 to 1984.

**William "Bill" Hawthorne Wiggins Jr.** died Dec. 24, 2016, in Bloomington. He was 82. A native of Port Allen, La., Bill received his bachelor's at Ohio Wesleyan University before earning degrees in theology at Phillips School of Theology and Louisville Presbyterian Theological Seminary. He was a professor of religion at Lane College and director of religious life at Texas College. In 1969 he came to IU, becoming, in 1974, the first African American male to receive a Ph.D. in folklore. He retired in 2003 as professor emeritus of African American and African diaspora studies and Fellow in the Folklore Institute. He served as dean of the Office of African American Affairs and the FASE mentoring program. Bill was a member of the Indiana Historical Society board and the Smithsonian Institute Advisory Council. He was the first recipient of the Herman B Wells Lifetime Achievement Award and the Martin Luther King Jr. Building Bridges Award. He is survived by his wife of 51 years, Janice, retired director of IU's Groups program.

### **Features added to IURA website**

Two lists of historic interest have been added to the IURA website. At the bottom of the Newsletters tab

is an alphabetical directory of obituaries published from April 2008 to the present. At the bottom of the About Us tabs is a list of board members of the IURA (and the organizations that preceded it) since 1975. See <http://www.indiana.edu/~iura>.

### **Crimson Card debuts**

IU is switching to a university-wide ID card, called the Crimson Card, for all students, staff, and retirees. Although old cards will operate until March 2018, the new ones are available now.

They contain all information on the old cards, but, in addition to looking better, they have new security features, allow free use of Bloomington Transit busses, and can serve as a pre-loaded debit card for use at selected IU and off-campus facilities. Bring your old ID card to either campus card location: the basement of the IMU near the bowling alley or the ground floor of Eigenmann Hall. You will even get a new picture.

*– Bruce Jaffee, IURA Benefits Chair*

### **About this newsletter**

*Newswatch* is published eight times each year, August through April, except for February. This is the last issue of the 2016-17 academic year.

To correct your address or be removed from the list, please contact database manager **Doris Wittenburg**, [dwittenb@indiana.edu](mailto:dwittenb@indiana.edu). **Judy Schroeder** writes *Newswatch*. Send corrections or comments to her at [jschroed@indiana.edu](mailto:jschroed@indiana.edu).